



## PONTYPOOL METRO HOTEL

Lower Mill Field, Pontypool, Torfaen NP4 0XB  
Bookings & Enquiries: 01495 750552

info@pontypoolmetrohotel.co.uk  
www.pontypoolmetrohotel.co.uk

BREAKFAST  
**EAT &  
DRINK**  
PONTYPOOL

WE PROUDLY SERVE



# CONTINENTAL BREAKFAST



Please help yourself to our buffet:

Apple or Orange Juice  
Grapefruit Segments  
Fresh Fruit Salad  
Fresh Yoghurts

## MILKS

Full Fat Milk  
Semi Skimmed Milk  
Skimmed Milk  
Soya Milk

## CEREALS

Corn Flakes  
Frosties  
Alpen  
Krave  
Bran Flakes  
Weetabix

## TOAST

A choice of White or Brown Bread (gluten free on request)  
With Jams, Marmalades and Marmite

## PASTRIES

Danish Pastries  
Pain au Chocolat  
Mini Muffins

## HOT ITEMS

Also choose from our complementary hot items:

Bacon  
Sausages  
Scrambled Eggs  
Boiled Eggs  
Heinz™ Baked Beans  
Tinned Tomatoes

\*Upgrade to include any Tall Starbucks for £2.00

